

DON GOEWY - BIOGRAPHY

Don Joseph Goewy has had a long career in the field of human potential.

He has had the good fortune of working with some of the great minds in this field including Carl R. Rogers, Ph.D. considered to be the father of humanistic psychology. He has also worked extensively with Gerald G. Jampolsky, M.D. whose work has been seminal in the formation of one of the fastest growing fields of psychology called Positive Psychology. *IN THE EYE OF A STORM* is the culmination and synthesis of years of experience in his field. He is uniquely qualified to translate the new discoveries in neuroscience into a practical psychological approach to reaching a higher intelligence in order to generate peak performance.

Don has worked at Stanford University as an executive in the School of Medicine and served as Administrator of San Mateo County Mental Health, one of the first and most important community mental health models in the US. From 1993-2005 Don directed the International Center for Attitudinal Healing, recognized worldwide for its approach to personal crises. There are 130 centers around the world based on the model. The Center was founded by Gerald Jampolsky, M.D. and has helped more than 45,000 people shift some of most stressful situations anyone will ever face, from parents who have lost children, to people faced with a life threatening illness, to refugees of war who have lost everything. From 1992-1994, Don worked in the refugee camps during the Bosnian war implementing the Center's approach.

Don is highly regarded as a speaker. He has presented keynotes, trainings, and workshops in Germany, France, Italy, Croatia, Canada, Mexico, and around the United States. He has been interviewed on CNN and other news media programs, and appeared in a PBS documentary entitled *The Visionaries*.

In 2006, Don founded ProAttitude. ProAttitude is devoted to enhancing human performance through personal transformation. It works with companies in creating a fearless culture to enable the level of intelligence that translates into sustained peak performance and personal fulfillment. The signature training of ProAttitude is IN THE EYE OF A STORM, which was developed by Don Goewey. The book by the same name derives from this training.

Published books:

Fishing for Fallen Light, a book of poetry, Wakan Press

Books in progress:

Simple Faith

One of the great teachers in Don's life was a brain tumor he survived 20 years ago. "It brought me face to face with the fear beneath all the stress in my life at that time. Somehow I understood I had to find a way to let go of fear, and when I did I discovered the healing in peace." This book is an autobiographical novel that traces the journey of his illness and recovery.